

# Leadership Taster Day

Lift your leadership to a higher level

## overview

Everyone has the ability to be a leader, but not everyone chooses to be one. Leadership development clearly needs more than one day. However at Lea\_p, we really believe that a powerful one day is more than enough to understand what leadership is, change some perspectives and beliefs about leadership and at the same time profoundly raise the participant's self-awareness.

The aim of this day is to get participants excited about their own leadership, hungry to know more and give them a handful of skills that can be immediately implemented to their professional and personal lives.

## is this course for me?

Leadership development is for everyone. When people are showing up as their authentic selves they have a much bigger impact on their environment, this leads to more creativity, deeper trust, stronger relationships and greater efficiency.

- ✓ Develop self-awareness
- ✓ Build confidence and self-belief
- ✓ Develop key leadership skills
- ✓ Career progression and success

## what will it cover?

- Start to understand that leadership is something you are not just something you do.
- Deepen your own self-awareness
- Develop some key leadership skills
- Unleash honest & inspired communication
- Understand what is toxic communication, your default toxicity and how to overcome it
- Explore the value of an 'outward mindset'
- Understand the benefits of a 'Me to We' culture



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## what previous participants have said

“Lea\_p recently ran a Leadership Taster Day for Paragon. I had an idea in my mind as to how the day would go and it was not what I'd imagined; my expectations were completely surpassed. The session was highly engaging, challenging and offered a real insight into how to understand ourselves in order to become effective leaders. Lauren and Stephen worked great together as co-leaders and had a way of putting everyone at ease whilst also challenging us to think outside the box. A number of our leaders expressed that it was the best leadership session they had attended in their careers”

– *Laura Harty, HR Director at Paragon BC*

“This course was extremely insightful. The relaxed atmosphere created by the facilitators helped bring the team together to think about and explore aspects of our own personalities and how we could consider others within our team to get the best from ourselves and members of our teams. The day after the course at work, I applied some of the techniques learnt to deal with a problem with great results and restoring harmony to the team! Lea\_p facilitators are a great team and would highly recommend booking on this course!”

- *Nick Myers, Associate Director*



**86%** of employees and executives cite lack of collaboration or ineffective communication for workplace failures

Companies with high leadership qualities were six times more likely to be among the **top 20 financial performers** of all organisations

## key info

**Workshop date:** Bespoke to your company's needs

**Price:** £5995 + VAT – up to 18 participants

**Contact:** [info@lea-p.com](mailto:info@lea-p.com)

