

Communication and Coaching Skills for Managers

Improve your teams

overview

At Lea_p, we understand how vital coaching skills are for efficient and open communication so we have created an experiential two-day training allowing participants to coach right from the beginning.

Participants will;

- Understand coaching skills and be confident to use them within their teams.
- Experience coaching skills from a coach and client perspective
- Gain an understanding of how coaching fits in the workplace and the role of manager/trainer
- A personal development experience over the two days

is this course for me?

This course is designed for managers and leaders who are wanting to explore deeper connection with their teams, understand how to communicate more clearly and effectively for greater results and increased self-awareness. It is designed to explain the principles of the coaching relationship, train participants in coaching skills and how to apply these immediately with colleagues and beyond.

- ✓ Improve relationships within teams
- ✓ Increase work productivity
- ✓ Receive CCE accreditation
- ✓ ICF accredited*

outcomes



On completion you will receive a CCE (Continued Coaching Education) accreditation and a certificate.

*The ICF is the leading global organisation dedicated to advancing the coaching profession by setting high standards, providing independent certifications and building a worldwide network of trained coaching professionals.



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what will it cover?

Day 1:

- An introduction to Coaching
- Difference between Coaching and Managing
- Being and Doing Balance in Coaching
- Wheel of Life - what it is and how it's used
- Coaching demo
- Training on the Three Levels of Listening
- Powerful Questions - how to really get to the essence of what's going on for your team / your coachee
- The Coaching Relationship
- Fulfilment Coaching - what it is and how it's used
- Introducing Coaching Core Competencies

Day 2:

- Homework debrief
- Intuition - exercise, debrief and coaching
- Power of Perspectives
- Q&A with the facilitators
- Commitment and Accountability

what previous participants have said

"The delivery was engaging, thought provoking and turned even the hardest sceptics in the group around. The results have been fantastic"

- MD at 34 Windsor

"The programme was incredibly beneficial to my development as well as the development of my team. I left energised at the potential within myself to put this new knowledge into positive action"

- Programme Manager at The Prince's Trust

key info

Price:

£795 + VAT per person

Contact:

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